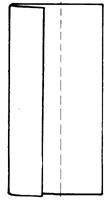
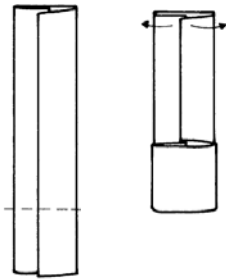


How to Fold a Diaper...

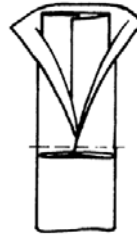
Basic Fold:



1. Fold the sides of the diaper across the center panel to form a pad.



2. Fold a small portion of the diaper up in the front.



3. Unfold the sides at the back of the diaper to form two wings.

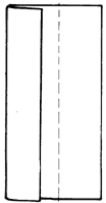


4. Place the diaper under the baby. Bring the front of the diaper up between the baby's legs.

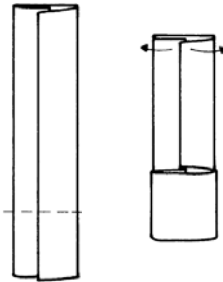
5. Bring the two wings around from the back and pin. Be sure to push the pin through only a few layers of fabric. It is not necessary to push the pin through all the layers of cotton.

Navel Fold:

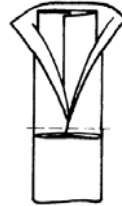
Sometimes doctors suggest that the diaper not cover a healing navel. Because newborn-size diapers are so flexible, they can be folded to avoid contact with a healing navel. And, because the professionally processed diaper service diaper is so soft and clean, there is little chance of irritation, unlike the harsh paper and plastic of disposable diapers.



1. Fold the sides of the diaper across the center panel to form a pad.

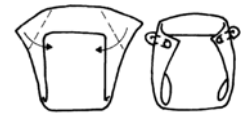


2. Fold a small portion of the diaper up in the front.



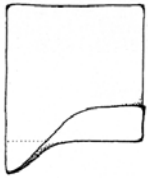
3. Unfold the sides at the back of the diaper to form two wings.

4. Place the diaper under the baby. Bring the front of the diaper up between the baby's legs but **do not** fold it all the way up to the back of the diaper.

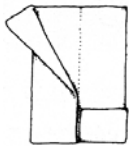


5. Bring the two wings around from the back and pin. You will have a noticeable dip in front that comes well below the healing navel. When the baby's navel has healed, change to the Basic Fold.

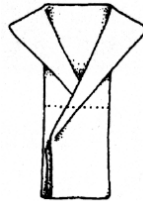
With a Diaper Cover:



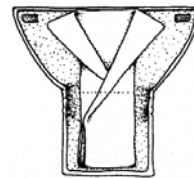
1. Fold a small portion of the diaper up in the front.



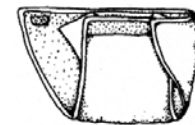
2. Fold the sides of the diaper across the center panel to form a pad.



3. Unfold the sides at the back of the diaper to form two wings.



4. Open the Velcro closure of the diaper cover and place the pad in the center of the diaper cover.

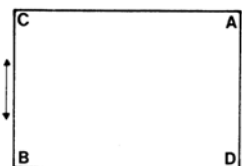


5. Place the diaper cover under the baby. Bring the front of the cover up

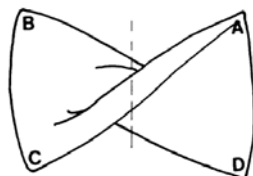
6. Close around the baby and fasten with Velcro for a perfect fit. After closing, make sure all of the diaper is tucked into the diaper cover. That way you will avoid moisture from traveling up the baby's undershirt or onto his clothing, between the baby's legs.

Twist Fold:

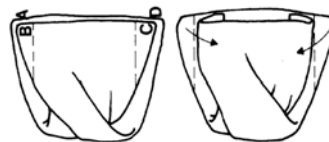
If your baby has heavy thighs, this fold works like magic to give a high cut leg opening. As a matter of fact, your friends and relatives will think you are a magician when you perform this diaper fold. You will have extra absorbency, too.



1. Start with a toddler-size diaper.



2. Turn the diaper all the way over at its midpoint.



3. Place the diaper under the baby.

4. Bring the front of the diaper (corners B and C) up between the baby's legs. Tuck in B and C.



5. Bring A and D around from the back and pin.